



Chaparral Winds

Retirement Community

16623 N West Point Pkwy • Surprise, AZ 85374 • (623) 975-0880

Staff Directory

Janet Tena Executive Director
 Wendi Minor Nurse
 Kayla Carter Marketing Consultant
 Venessa Gutierrez Resident Care Coordinator
 Angela Delgado MC Resident Care Coordinator
 Annalisa Silva AL Activity Director
 Malena Falcon MC Activity Coordinator
 Doug Hayes Maintenance
 Rene Mear Housekeeping
 Lynn Alferes Housekeeping



“The older I get, the greater power I seem to have to help the world; I am like a snowball—the further I am rolled, the more I gain.” — Susan B. Anthony

January 2023

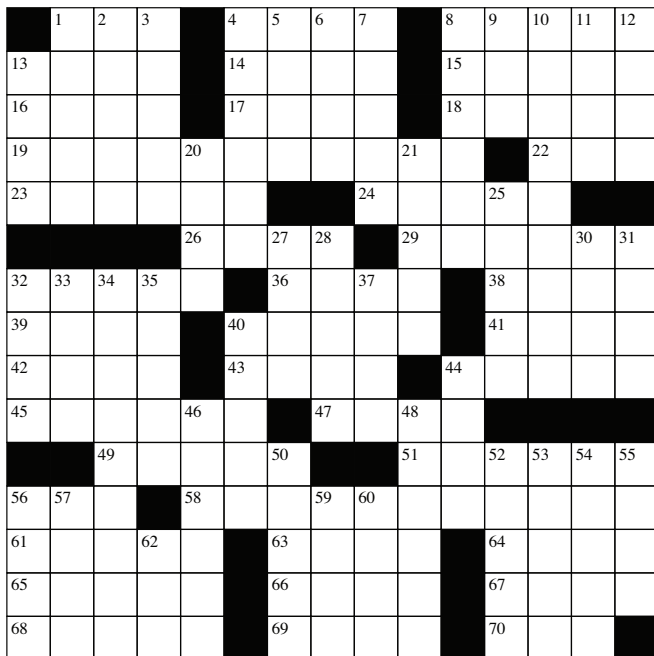


Things to Remember

- 1/02 New Year's Happy Hour
- 1/04 By The Bucket Lunch Outing
- 1/06 Southwest Mobility
- 1/06 Matinee Movie & Popcorn
- 1/10 Veterans Coffee
- 1/11 Popeyes Lunch Outing
- 1/12 Sip & Paint
- 1/13 January Birthday Lunch
- 1/13 Night Bingo
- 1/16 Martin Luther King Jr. Day
- 1/16 Matinee Movie & Popcorn
- 1/17 Resident Council Meeting
- 1/18 Casino Outing
- 1/20 Prize Bingo
- 1/20 AMC Outing
- 1/25 Rio Mirage Outing
- 1/27 Entertainment
- 1/27 Happy Hour

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
New Year's Day 1 10:00 Bingo AR 1:00 Table Games AR	New Year's Day (Observed) 2 9:00 Walmart 10:00 Bingo AR 12:00 Puzzles 2:00 New Year's Happy Hour	3 10:00 Bingo AR 12:00 UNO AR 2:00 BlackJack L 3:00 Sit & Get Fit T	4 9:00 Bible Study w/ Tony L 9:30 Confessions IL 10:00 Bingo AR 10:00 Catholic Mass IL 11:00 By the Bucket Outing 1:00 Relaxing Art AR 2:00 Hand & Foot L	5 10:00 Bingo AR 12:00 Stretch w/Lisa 1:00 Arts and Crafts AR 2:00 Blackjack L 3:00 Wii Bowling L	6 9:00 Donuts & Coffee AR 10:00 Bingo AR 10:00 Southwest Mobility FR 12:00 Manicures AR 1:00 Matinee Movie & Popcorn T	7 10:00 Bingo AR 1:00 Relaxing Art AR
8 10:00 Bingo AR 1:00 Table Games AR	9 9:00 Walmart 10:00 Bingo AR 12:00 Puzzles 1:00 Chair Yoga T 2:30 Hand & Foot L	10 10:00 Bingo AR 12:00 Cooking/Baking AR 2:00 Veterans Coffee PDR 3:00 BlackJack L	11 9:00 Bible Study w/ Tony L 10:00 Bingo AR 11:00 Popeyes Lunch Outing 1:00 Relaxing Art AR 2:00 Hand & Foot L	12 10:00 Bingo AR 12:00 Stretch w/Lisa 1:00 Sip & Paint 2:00 Blackjack L 3:00 Wii Bowling L	13 9:00 Donuts & Coffee AR 10:00 Bingo AR 12:00 January Birthday Lunch! 2:00 Poker L 3:00 Puzzles L 5:30 Night Bingo	14 10:00 Bingo AR 1:00 Relaxing Art AR
Happy Birthday Charles R! 15 10:00 Bingo AR 1:00 Table Games AR	Martin Luther King Jr. Day 16 9:00 Walmart 10:00 Bingo AR 12:00 Puzzles 1:00 Matinee Movie & Popcorn T	Happy Birthday Heather E! 17 9:00 Resident Council PDR 10:00 Bingo AR 12:00 Cooking/Baking AR 2:00 BlackJack L 3:00 Chair Boxing T	18 9:00 Bible Study w/ Tony L 10:00 Bingo AR 11:00 Casino Outing 3:00 Puzzles LB	19 10:00 Bingo AR 12:00 Stretch w/Lisa 1:00 Arts and Crafts AR 2:00 Blackjack L 3:00 Wii Bowling L	20 9:00 Donuts & Coffee AR 10:00 Prize Bingo AR 11:00 AMC Theater 2:00 Puzzles L	21 10:00 Bingo AR 1:00 Relaxing Art AR
22 10:00 Bingo AR 1:00 Table Games AR	23 9:00 Walmart 10:00 Bingo AR 12:00 Puzzles 1:00 Chair Yoga T 2:30 Hand & Foot L	24 10:00 Bingo AR 12:00 Cooking/Baking AR 2:00 BlackJack L 3:00 Sit & Get Fit T	25 9:00 Bible Study w/ Tony L 10:00 Bingo AR 11:00 Rio Mirage Outing 1:00 Relaxing Art AR 2:00 Hand & Foot L	26 10:00 Bingo AR 12:00 Stretch w/Lisa 1:00 Arts and Crafts AR 2:00 Blackjack L 3:00 Wii Bowling L	27 9:00 Donuts & Coffee AR 10:00 Bingo AR 12:00 Manicures AR 2:00 Entertainment DR 2:00 Happy Hour DR 3:00 Puzzles L	28 10:00 Bingo AR 1:00 Relaxing Art AR
29 10:00 Bingo AR 1:00 Table Games AR	30 9:00 Walmart 10:00 Bingo AR 12:00 Puzzles 1:00 Chair Yoga T 2:30 Hand & Foot L	31 10:00 Bingo AR 12:00 UNO AR 2:00 BlackJack L 3:00 Sit & Get Fit T	AR-Activity Room L-Lounge T-Theater Room PDR-Private Dining Room DR-Dining Room IL-Independent FR-Fitness Room			

Crossword Puzzle



ACROSS

1. Space
4. Shine
8. "___ of Iwo Jima"; '49 film
13. Gambling card game
14. Change the decor
15. Queen topper
16. Nucleus' site
17. Of the mouth
18. Carrying a weapon
19. Gavel-pounder's phrase
22. Ram's mate
23. Wiped away
24. Linear measurements
26. Bewildered
29. Whirl
32. High-intensity surgical tool
36. Exist
38. Vegetable pod
39. Retirement accts.
40. Less colorful
41. Spots
42. Slangy contraction
43. Pintail duck
44. Valuable item
45. California city
47. 1/16 of an ounce
49. Strips
51. Covering for a tiny foot: var.
56. Govt. bureau concerned with ecology

DOWN

58. Buffet-style meal
61. Station
63. Rivers: Sp.
64. Privy to
65. Woman's name
66. Lily plant
67. Lake in Ethiopia
68. Worn out
69. Transmit
70. Crafty
1. Swamp critter, for short
2. Bakery passer's delight
3. Fleshy fruits
4. Worries
5. Architect Saarinen
6. Jewish month
7. Like very old bread
8. Like the night sky
9. Atmosphere
10. Juniors
11. Sketched
12. French aristocrat Marquis de ___
13. Place for a nose
20. Sign of sadness of joy
21. Very willing
25. Worthless matter
27. Old Western actor Jack
28. Felt miserable
30. Genealogist's drawing

31. Vane direction
32. Writer O'Flaherty
33. Opera song
34. Smoothing material
35. Ms. Lauder
37. Swerve
40. One of 150 in the Bible
44. Andy's partner
46. Took it easy
48. Lowered in rank
50. Yellow-billed waterbirds
52. Final notices, for short
53. Of a sound quality
54. Satire
55. Millay or Ferber
56. Go over a manuscript
57. Prefix for meter or scope
59. Nettle
60. Thug
62. 3/7 and 4/7



"This Month In History"

JANUARY

1908: Illuminated by 100 lightbulbs, the New Year's ball drops in New York City's Times Square for the first time. There have been seven different Times Square balls since, with the current design bedazzled with over 32,000 LEDs.

1915: Rocky Mountain National Park is established in Colorado, ensuring the region's environment, habitat and wildlife stay protected.

1929: The Seeing Eye, a training school for dog guides, opens in Nashville. The organization was originally founded to breed and train dogs for visually impaired World War I veterans.

1933: Work begins on the Golden Gate Bridge. The famous San Francisco Bay bridge was completed four years later.

1942: Twenty-six countries sign the Declaration of the United Nations, reaffirming their opposition to the Axis powers of World War II.

1960: Senator John F. Kennedy announces his intent to gain the Democratic presidential nomination. Voters later elected him as the nation's 35th president.

1984: The U.S. Supreme Court rules that recording TV programs on home VCRs does not violate copyright laws.

1994: At 14 years old, Peter Leko becomes the youngest grandmaster in chess. Abhimanyu Mishra, who obtained the title at age 12, is the current record holder.

2007: Apple introduces the first iPhone, which features a 3.5-inch touchscreen, built-in microphone and headset controls.