



Chaparral Winds

Retirement Community

16623 N West Point Pkwy • Surprise, AZ 85374 • (623) 975-0880

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Birthday Celebration

If you're having a birthday this month, we hope it's the beginning of a year full of happy memories and wonderful moments. And we'd like to celebrate! Everyone is invited to our monthly birthday party for cake, ice cream and fun! Check our calendar for the time and place.



Happy Birthday to You!

11-07	Anne S
11-11	Agnes T
11-14	Luther C
11-22	Robert M

November 2023

Come Make Pumpkin and Chocolate Chip Bread! November 21st at 11:30 a.m. (Activity Room)

Pumpkin and Chocolate Chip Bread

Ingredients:

- 4 cups oat flour
- 2 teaspoons baking soda
- 2 teaspoons ground cinnamon
- 1 teaspoon ground nutmeg
- Pinch of salt
- 1 cup (2 sticks) butter, softened
- 2 cups granulated sugar
- 4 large eggs
- 2 teaspoons vanilla extract
- 1 can (15 ounces) pumpkin
- 2 cups chopped walnuts
- 1 cup bittersweet chocolate chips
- 1/2 cup powdered sugar
- 1 tablespoon milk

Directions:






Heat oven to 350° F. Grease two 8-by-4-inch loaf pans. In large bowl, combine oat flour, baking soda, cinnamon, nutmeg and salt.

In separate large bowl, use mixer to beat butter and sugar until light and fluffy. Beat in eggs one at a time. Add vanilla, oat flour mixture and pumpkin; beat until just blended. Stir in walnuts and chocolate chips.

Spoon mixture into prepared pans.

Bake 50 to 55 minutes, or until toothpick inserted in center comes out clean. Cool 10 minutes. Remove from pan. Cool completely.

In small bowl, stir powdered sugar and milk until smooth. Drizzle mixture over pumpkin bread.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p>1</p> <p>9:00 Bible Study w/ Tony L 9:30 Catholic Confessions IL 10:00 Bingo AR 10:00 Catholic Mass IL 11:00 Olive Garden Outing 2:30 Hand & Foot L 5:00 Western Movie Wednesday T (The Virginian)</p>	<p>2</p> <p>9:30 Gardening CY 10:00 Bingo AR 12:00 Chair Drumming Aerobics CY 1:00 Paint & Sip AR 2:15 Blackjack L 3:30 Relaxing Art AR</p>	<p>3</p> <p>9:00 Donuts & Coffee AR 10:00 Bingo AR 10:00 Southwest Mobility FR 12:00 Poker (5 Card Draw) 1:00 Matinee Movie & Popcorn T (You've Got Mail) 4:00 Puzzles LB</p>	<p>4</p> <p>10:00 Bingo w/David AR 12:00 Table Games AR 1:00 Wii Bowling AR</p>
<p>5</p> <p>10:00 Grace Point Church 12:00 Crosswords AR 1:00 Matinee Movie T (Rudy) 4:00 Puzzles LB</p>	<p>6</p> <p>9:00 Walmart 10:00 Bingo AR 12:00 Manicure Monday AR 1:00 Yoga T 2:00 Hand & Foot L 4:00 Popcorn Cart AR</p>	<p>7</p> <p>10:00 Bingo AR 12:00 Cooking / Baking AR 1:30 Journaling AR 2:00 Entertainment DR (Gary Heffner) 4:00 Wii Bowling L</p>	<p>8</p> <p>9:00 Bible Study w/ Tony L 10:00 Bingo AR 11:00 Casino Outing 2:30 Hand & Foot L 5:00 Western Movie Wednesday T (Texas Rangers Ride Again)</p>	<p>9</p> <p>9:30 Gardening CY 10:00 Bingo AR 12:00 Chair Drumming Aerobics CY 1:00 Arts & Crafts AR 2:15 Blackjack L 3:30 Relaxing Art AR</p>	<p>10</p> <p>Veterans Day (Observed) 9:00 Donuts & Coffee AR 9:00 Veterans Ceremony 10:00 Veterans Cake & Coffee AR 1:00 Poker (5 Card Draw) 2:00 Activities Meeting AR 2:30 Armchair Travel T (Mexico) 3:00 Puzzles LB 5:00 Movie Night T (Beau Geste)</p>	<p>11</p> <p>Veterans Day 10:00 Bingo w/David AR 12:00 Table Games AR 1:00 Wii Bowling AR</p>
<p>12</p> <p>10:00 Grace Point Church 12:00 Crosswords AR 1:00 Matinee Movie T (All About Eve) 4:00 Puzzles LB</p>	<p>13</p> <p>9:00 Walmart 10:00 Bingo AR 11:00 Lunch at the Park 12:00 Dominos AR 1:00 Yoga T 2:00 Hand & Foot L</p>	<p>14</p> <p>10:00 Bingo AR 12:00 Scrabble AR 1:00 Blackjack L 2:00 Veterans' Coffee PDR 3:00 Journaling AR 4:00 Wii Bowling L</p>	<p>15</p> <p>9:00 Bible Study w/ Tony L 10:00 Bingo AR 1:00 Pie tasting AR 2:30 Hand & Foot L 5:00 Western Movie Wednesday T (When Daltons Rode)</p>	<p>16</p> <p>9:30 Gardening CY 10:00 Bingo AR 12:00 Chair Drumming Aerobics CY 1:00 Arts & Crafts AR 2:15 Blackjack L 3:30 Relaxing Art AR</p>	<p>17</p> <p>9:00 Donuts & Coffee AR 10:00 Bingo AR 1:00 Happy Hour AR 2:30 Armchair Travel T (Belize) 4:00 Puzzles LB 5:00 Movie Night T (From Here to Eternity)</p>	<p>18</p> <p>10:00 Bingo w/David AR 12:00 Table Games AR 1:00 Wii Bowling AR</p>
<p>19</p> <p>10:00 Grace Point Church 12:00 Crosswords AR 1:00 Matinee Movie T (Bull Durham) 4:00 Puzzles LB</p>	<p>20</p> <p>9:00 Walmart 10:00 Bingo AR 12:00 Manicure Monday AR 1:00 Yoga T 2:00 Hand & Foot L 4:00 Popcorn Cart AR</p>	<p>21</p> <p>9:00 Resident Council PDR 10:00 Bingo AR 11:30 Baking Pumpkin & Chocolate Chip Bread AR 1:30 Journaling AR 2:15 BlackJack L 4:00 Wii Bowling L</p>	<p>22</p> <p>9:00 Bible Study w/ Tony L 10:00 Bingo AR 11:00 Taco Bell Outing 2:30 Hand & Foot L 5:00 Western Movie Wednesday T (Whispering Smith)</p>	<p>23</p> <p>Thanksgiving Meal 11:00am-4:00pm</p> 	<p>24</p> <p>9:00 Donuts & Coffee AR 10:00 Bingo AR 12:00 November Birthday Lunch 1:00 Matinee Movie & Popcorn T (Raising Helen) 4:00 Puzzles LB</p>	<p>25</p> <p>10:00 Bingo w/David AR 12:00 Table Games AR 1:00 Wii Bowling AR</p>
<p>26</p> <p>10:00 Grace Point Church 12:00 Crosswords AR 1:00 Matinee Movie T (Battle of the Bulge) 4:00 Puzzles LB</p>	<p>27</p> <p>9:00 Walmart 10:00 Bingo AR 12:00 Dominos AR 1:00 Yoga T 2:00 Hand & Foot L</p>	<p>28</p> <p>10:00 Bingo AR 12:00 Scrabble AR 1:30 Journaling AR 2:15 BlackJack L 4:00 Wii Bowling L</p>	<p>29</p> <p>9:00 Bible Study w/ Tony L 10:00 Bingo AR 11:00 Red Robin Outing 2:30 Hand & Foot L 5:00 Western Movie Wednesday T (Albuquerque)</p>	<p>30</p> <p>9:30 Gardening CY 10:00 Bingo AR 12:30 Arts & Crafts AR 1:00 Bible Study w/ Janet 2:15 Blackjack L 3:30 Relaxing Art AR</p>	<p>AR- Activity Room L- Lounge PDR- Private Dining Room DR- Dining Room CY- Courtyard FR- Fitness Room LB- Library</p>	 <p>ALZHEIMER'S AWARENESS MONTH</p>

Word Search

Today's Category: Words (of 3 or more letters) from "Jingle Bells"

G N I K A M S N O W D B
 D H L T H E I K B A B V
 G G G A G J N G S L E C
 H I H G U O G H B L L T
 N E P O D G I I V D L Y
 S L C C W N H O L F S T
 P S W H G H D I N G H H
 I G D A K X A G N G R G
 R H R K Y T Z T I G I I
 I F S I B X X R G D N N
 T U G O D B B G H C G O
 S N B G G E L G N I J T

1. Bells _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____
11. _____
12. _____
13. _____
14. _____
15. _____
16. _____
17. _____
18. _____
19. _____
20. _____

- Word Search Solution:
1. All
 2. Bells
 3. Bobtail
 4. Bright
 5. Dashing
 6. Fun
 7. Jingle
 8. Laughing
 9. Making
 10. Open
 11. Ride
 12. Ring
 13. Sing
 14. Sleigh
 15. Snow
 16. Spirits
 17. The
 18. Tonight
 19. Way
 20. What

